

TEXAS: PH: 512.255.2727
NEW JERSEY: PH 908.688.6088

YOUR SLEEP TECHNOLOGIST OR MEDICAL ASSISTANT WILL CALL YOU TO SCHEDULE YOUR HOME STUDY

Please have prepared the following:

1. Picture ID (i.e. driver's license, valid passport)
2. Insurance Card (Current)
3. Co-Payment – Collected prior to procedure (Cash or check only - We do not accept credit/debit cards).

DO NOT STOP taking your prescribed medication unless your doctor has order you to do so. Our Sleep Technologist does not provide any medications, prescribed or un-prescribed.

OPTION 1 (PREFERRED):

You will pick up the portable sleep equipment at the facility.

A sleep technologist will call you to meet with you at the facility.

The sleep technologist will instruct you how to use the equipment.

DO NOT STOP taking your prescribed medication unless your doctor has order you to do so. Our Sleep Technologist does not provide any medications, prescribed or un-prescribed.

You have to bring the equipment back to the facility within 48 hours from pickup. You must strictly keep the time arranged or return the device prior to that time; other patients are waiting for the machine.

Your test results will be sent to your referring physician approximately 3-14 days after your test date.

OPTION 2:

The Arrival Time: Such time as agreed. You must be home to meet the Sleep Technologist.

Please do not drink any caffeinated or alcoholic beverages after 3:00PM.

Thoroughly wash face with soap or if you prefer, bath or shower. **DO NOT use any face moisturizers.**

Your Sleep Technologist will bring you the machine on the day of 1st night. At that time, the Sleep Technologist will schedule a pick-up time within 48 hours of your 1st night. You must strictly keep the time arranged or return the device prior to that time; other patients are waiting for the machine.

When the Sleep Technologist comes to pick up the device, he or she may fit you for appropriate DME accessories.

Your test results will be sent to your referring physician approximately 3-14 days after your test date.

Expect a call from the Sleep Technologist the day before and on the day of your scheduled study to confirm you appointment. **YOU ARE EXPECTED TO CONFIRM OR TO CALL BACK TO CONFIRM. OTHERWISE, WE SHALL ASSUME YOU ARE NOT PROCEEDING WITH YOUR APPOINTMENT.**